

All wrestlers will wrestle-off or challenge each other at each weight class and coaches will officiate. The wrestlers will first be put into a ladder system or depth chart for each weight class. All wrestlers must work up the ladder (i.e. 4th ranked must challenge 3rd ranked, 3rd ranked must challenge 2nd ranked and 2nd must challenge 1st ranked) once the rankings have been determined by the coaches. Challenges & wrestle off dates will be approved at the coach's discretion prior to the challenge and coaches have the authority to insist on a wrestle-off. Challenge matches may be held periodically through the season at the coach's discretion and a coach may demand a wrestle off at any time they feel it is warranted. The following guidelines and standards will be taken into consideration when ranking wrestlers on the team in each weight class, determining Varsity spots and holding Varsity positions:

- Grades / Academic standing, better grades = better ranking
- Effort in practice and knowledge of wrestling skills
- Total scores among teammates in wrestle-offs. Top ranked wrestler will be initially chosen by coaching staff, all other wrestlers at that weight will be allowed to challenge. Wrestlers will have to win best 2 out of 3 to obtain and earn spot at weight class. Must be within 2 pounds of weight class to challenge on date of challenge prior to practice when challenge matches are done. If not, both have to agree to the challenge and waive the weight requirement. A wrestler who earns a Varsity position will be allowed to hold the position for at least three weeks before being challenged by a previously beaten teammate.
- Participation in other sports will raise your ranking
- Unsportsmanship, disrespect to fellow wrestlers, coaches, opponents and referees will drop you in ranking and/or loss of varsity position.
- Attendance at practice may impact your position on the team
- Any violation of school rules, Unit #4 school handbook for athletics, school suspension or crimes committed will drop wrestler in ranking, dismiss wrestler from team and/or loose starting position depending on the violation.
- Lack of effort in practice, school work or competition may warrant change in starting lineup and/or ranking
- Public display of loss of temper, throwing headgear, kicking chairs, not giving the coach's your attention, etc. during or after competition may warrant change in starting lineup, ranking and/or loss of varsity position.
- Not being on time for or missing a competition or practice without an excused absence will drop wrestler in ranking and/or loss of varsity position. It should also be noted that extended excused absences may cause a wrestler to be withheld from dual meets, tournaments, drop in their team ranking and/or lose a starting position.
- Missing competition due to injury or illness may drop wrestler in ranking and/or loss of varsity position if it is for a length of time.
- By not making weight for competition or being late for weigh-in at competition will drop wrestler in ranking and/or loss of varsity position.
- **If a wrestler loses a starting varsity position, the wrestler must earn it back.** If the position doesn't have a backup wrestler at that weight class, the varsity wrestler must earn back the position as determined by the coaches. Until this has been done to the satisfaction of the coaching staff, the starting position will be absent or available to be filled at the coach's discretion.
- All wrestlers must sign that they have received, reviewed and understand the team ranking guidelines.